

lunch

appetizer



Home Made Natural Chicken & Rice Soup / Soup of the Day	4.5 / 6
Wild Acres Duck & Chicken Liver Pate • Croutons, Pickles, Vegetables	8.5
Savory Wild Mushroom, Pistachio Terrine • Fruit Chutney, Mustard Sauce, Croutons, Cornichons	8
Spoon Dips • Tuscan White Bean - Carrot and Roasted Red Pepper - Walnut, Vegetables, Olives, Focaccia	8.5
Greens Salad • Sunflower Sprouts, Pumpkin Seeds, Fig Vinaigrette	5.5
Warm Spiced Olives	4.5
Bread Basket 2	
Braised Kale 5	
Brown Rice with Pumpkin Seeds	4

entree

Fresh Seafood • Vegetarian • Omelette Specials

House Made Ravioli • Indian Spiced Potato & Sweet Pea Ravioli, Thai Green Curry, Vegetables. Vegan Option	13.5
Broiled Salmon Okisuki • Savory Japanese Ginger Broth, Fresh Udon Noodles, Vegetarian Option with Tofu	14.5 / 12.5
Warm Duck Confit • Salad Greens • Fruit, White Beans • Fennel	14
Quesadilla • Smoked Wild Acres Chicken, Roasted Pepper Vegetable Spread, Amish Cheddar / Veg. Option	12.5 / 11.5
Local Charcuterie Plate • Bison Sausage, Fischer Farms Ham, Wild Acres Duck & Chicken Liver Paté, Prairie Breeze Cheddar, Pickled Vegetables	13.5

salads • sandwiches

Udon Chicken Salad • Sliced Free Range Chicken, Udon Noodles, Greens, Vegetables, Peanut • Lemongrass Dressing. Vegetarian Option with Mock Duck	14
Greek Salad • Greens, Cucumber, Olives, Tomato's, Pepperoncini, French Sheep Feta, Red Onion Greek & Caesar available with Free Range Chicken Breast	11.5 / 8.5 + 5
Caesar Salad	11.5 / 8.5
Spoon Burger • Minnesota Farm Lamb, House Ketchup, Corn Chips / or substitute salad + 2	12.5
Mahi Mahi Sandwich • House Tartar Sauce, Lettuce, Tomato on Bun / or substitute salad + 2	12.5
Albacore Tuna Salad Sandwich • Green Olives, Red Onion, Craisins. Available as salad + 2	10.5
Fischer Farms Smoked Ham & Cheese Panini • Sliced Apple Compote, Mustard	10.5
Fresh & Natural Roasted Turkey Breast Sandwich • Cheddar, Mango Chutney, Lettuce, Red Onion, Herb Mayonnaise	11.5

beverages

Organic Guatemalan Coffee • Espresso	2.75
Cappuccino • Latté	3.5
House Blend Teas • Black, Green, Toffee Almond Black, Four Elements Herbal	2.75
Iced Tea • House Lychee Blend	3
Juices • Cranberry, Lemonade, Apple, Mango, Organic Orange	3
Sodas • China Cola, Ginger Brew, Root Beer, Aranciata, Lemonata, Pomegranate, Vignette, Zevia	3
Italian Surgiva Sparkling • Still Water	3